



Personal Trainers REGIONAL MEETING #3

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| Meeting to begin at | 3pm |
| Date | Wednesday, 4 August, 2010 |
| Venue | Otago Polytechnic (G104) |
| Regional Personal Trainer Representative | Matthew Blair |
| Present | Laura D, Daniel S, Markham B, Mike H, Matthew B |
| Apologies | Andrea W |

Agenda

General business

1. Something of interest relating to health and well being?

Note. Each attendee presented

2. NZ PT Council restructure and Sth Regional Representative

<http://ptcouncil.co.nz/>

- Meeting dates
- The 'Spotlight' Forum
- Resources for PTs

Matt opened the site and went through the above key features

3. PTC Starter Pack

- Training options
- Registration
- Common pathways...

Matt has sent this out to all council members, feedback welcomed



Other business

- OISA Applied Science degree enrolments for February, 2011 have commenced
- Should the industry have a *degree-level requirement* or?
- Final 2010 meeting date

Wednesday, 13 October, meet OISA reception 2.50pm

Final note.

It was agreed that to make these meetings more meaningful that better attendances are required. It is appreciated that all REPs registered PTs are busy people. Please consider the following:

- **If unable to attend then apology to be submitted to Matt (via email)**
- **Ensure 1-2 trainers from your health and wellness facility attend the 3 meeting per annum and incorporate key outcomes from these into the agenda of meetings held in separate facilities around the Southern Zone.**

Cheers

Matt