

Mentor Best Practise Guidelines

Both trainer and mentor should keep a record of what takes place in the session, including the actions that need to be taken from the session.

While there are no pricing rules, we recommend that prices charged are similar to PT sessions, so around \$30-40 for a half hour session, and \$50-\$80 for an hour.

All mentors that are exercise professionals must be REPs registered, those that are not offer some sort of proven expertise in a business area relevant to PTs.

Just as you talk with a potential client it is expected that a first meeting between a mentor and mentee will be free.

The PTC mentoring service has some suggestions and standard forms but it up to you to decide whether you use them.

Feedback is an important part of mentoring, while the PTC will be sending out feedback documents we recommend you get feedback yourself.

Reference to mentor relationship should not be used in any advertising material without the written consent of the other party.

Mentors are not contracted to the PTCouncil, REPS or Exercise NZ and should not use names or logos of these organisations in any marketing material.

The mentor understands there is no obligation by the PTC to deliver potential mentoring clients. Mentors services will be recommended based on mentee needs and ongoing feedback.

Endorsed by